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**Discover yourself... in forest**

Odkryj siebie samego... w lesie



**Man – is a part of nature**

**Forest – is a part of nature**

**When we talk about a forest –  
we're talking **about a man**,  
about his benefits from forest,  
about his love to forest,  
about his magical meetings with forest,  
about exploitation and devastation of forest**



## Development of mankind

### Development of man

**Baby → ran onto itself**

**→ ran onto the immediate environment**

**→ trying to control reality**

**Adult → ran onto techniques**

**→ ran onto the immediate environment**

**→ trying to control reality**



**Live of every man**

**is also linked with a feeling that he rules reality**

**Man sees his success in the fact  
that rules over reality.**

**Loss of control (steering) causes... stress**

**Man created his armor – civilization.**

**This is an object which can be controlled.**

***"Man made cocoon"* is a known technique,  
and not like surprising nature.**



It is good to know,  
that people are inner and outer driven

Walter Reckless – *outer and inner containment*

David Riesman – *other- and inner-direction*

***„Other-direction,,*** man is focused on reality around. Sometimes others people need to guide him. Often, his defeat causes he is looking for guilty people around.

***„Inner-direction"*** man makes his own decisions alone. Failures make that he seeks for root causes inside him – then he looks for new solutions.





It is good to know

that „*man made cocoon*” makes people outer driven

**Civilization created conditions in which we do not have to worry about many things.**

**High specializations caused that specialists became masters, however people tend to lose basic abilities.**

***„People of the Renaissance” dissapears...***



I

NO KNOWLEDGE

NO  
UNDERSTANDING

NO CONTROL

II

WHEN  
NO CONTROL

AVOIDANCE

ANXIETY

III

WHEN  
ANXIETY

AVOIDANCE  
OF KNOWLEDGE



**WHEN I ALIVE  
IN A COCOON  
I AVOID KNOWLEDGE  
ABOUT EXTERIOR  
REALITY**



**FOREST**









*"(...) **full of changes environment** developed actual human biological figure is **optimal environment**, necessary to keep physiological processes up and running and these are basic features of human body.*

*Man cannot hide himself under a shelter which isolates him from a natural environment influence, although it became possible due to development of technology"*

Kozłowski S, *Borders of adaptation*



The desire to rule over reality manifests itself also how we are teaching others.

Educational system promoted by J.F. Herbart, is based on psyche of teacher and his effective knowledge management.

Teacher dominates education process and students, taking from them away their own initiative and autonomy in a learning process.



John Dewey was right!

To be better and better – we need challenge, problems to solve. We need own activity and changing conditions.

We need visions, tastes, smells, touchings – in all varieties. We need guides and mentors, not teachers... and we must be sure that we are autonomous and need to understand rules of the game...

**But it doesn't have to be a hard work.  
This should be experience, emotional  
experience... and adventure.**









